# The Salem Stimulus A Publication of Fishing Creek Salem UMC

July 2018 Vol 46/Issue 7



## Congratulations to our 2018 Graduates!

**Brittnay Benton** 

**High School** 

**Eric Wilkinson** 

Red Land High School

Madison Sederes

Red Land High School

Ben Lehr

Red Land High School

**Freddy Briggs** 

Red Land High School

Josh Rich

Northeastern High School

Klea Lamb

West Virginia University

Stephen Stahl

**Shippensburg University** 

#### **Church Office Summer Hours:**

Monday-Friday 8:00am—

12:00 Noon

**Closed July 4th for the holiday** 

#### **Summer Sermon Series**

SHIPWRECKED HELP FOR STORMY TIMES

Where has your life been shipwrecked— finances; relationships with friends, family, God; health, work? Beginning June 24, we'll borrow our VBS theme and explore the stormy seas of life and how Jesus can be our lifesaver!



#### In This Issue:

- Graduates
- Men's Ministry
- Stephen Ministry
- Neighborhood Fun Night
- Activity Updates And More!





Jarod Armes
Billy Carlisle
Peyton Etter
Adrienne Freeman
Logan Maynard

Grace Michelsen Colton Rose Jessica Ryan Penelope Schroll Kylie Smith Connor Stank Kira Willoughby Warren Wolf Bryce Zeiders



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#### **Contact Information:**

Rev. Dr. Deborah Heisley-Cato, Lead Pastor (dheisley-cato@fcsalem.org) Rev. John Overman, Executive Pastor (joverman@fcsalem.org) Sandy Herman, Administrative Assistant (office@fcsalem.org 717-938-1928—www.fcsalem.org

#### Staff:

Kevin Fickel, Interim Director of Youth Ministries
Vicki Inscho, Kitchen Coordinator
Tracey Michelsen, Director of Children's Ministries
Cliff & Sandy Motter, Church Sextons
Laurie Murry, Director of Serving Ministries
Jeannette Payne, Child Care Coordinator
Kelsey Robertson, Dir of The Gathering Worship, Keyboardist, Youth Choir Dir
Susan Ryder, Director of Communications, Small Groups Coordinator
Derek Sandstrom, Director of Worship Ministries

#### Service Schedule:

Sunday Worship at 8:15, 9:30 and 11:00 AM Sunday School for all ages at 9:30 AM; Adult Class at 11:00 AM

Gina Curtis, Director of Salem Community Nursery School



I would like to thank everyone for the cards, emails, phone calls, food, and prayers during my recovery from knee surgery. Your support is deeply appreciated. Lou Lingenfelter

Dear Reverend Dr. Heisley Cato, Reverend Overman and members of FC Salem UMC,

Thank you for your recent monetary donation. We appreciate your generosity and support of our mission. In April, we served 121 families that added up to 312 people. Thanks for helping us help our neighbors in need.

Nina Myers and Dab Trimmer Co-Directors of the Reed Land Food Ministry

#### Parents and Children Together (PACT)

Please bring the whole family for an afternoon of family-friendly bowling at Trindle Bowl in Mechanicsburg on Saturday, June 30th at 3 PM, followed by dinner at Chick-Fil-A.

Join us as PACT welcomes guest speaker, Ellen Smith, on Sunday, July 1st at 9:30 AM in Room 215 for practical applications of fostering resiliency in the home.

PACT will begin a 5-week summer study of Intentional Parenting by Doug and Cathy Fields on July 8th at 9:30 AM in Room 215.



## Please keep in your prayers these people and situations who have had prayer concerns in the last month:

Kathy Alford; Donna Armes; Rodney Beard; Scott Binns; Jane Bittner; Marty Bowie; Charlotte Brame; Brooks; Fay Brown; Cashman family;

Joyce Castle; Crystal and baby Isadoria; Crystal; Tyler D.; Martin Dalen; Bill Deily; Darcy and Mike Dimeato; Lynne Donahue; Carolyn Doerr; Mary Driver; Sandy and Ginny Duncan; Linda Edmondson; Denise Fern; Gary; Elaine Gayman; George; Olive Gibney's brother-in-law; Goldie; Walter Gottstine; the Graybill family; Gynni; Elsie Haubert; Matt Heaps; Vance Heaps; Tina Heilman; Laura Heinneman; Bill Herk; Richard Hoke's grandson; Shirley Howard; Neil Hoy; Lynda Jones's sister; Judy; Ed and Amy Kautz; Lisa Keck; Keefer family; Roger Knight; Arlene Kowal; Shirley Krebs; Kristy; Kerri Leedy; Linda; Jay and Deb McKiernan; Jack Messrek; Mike; Mike and Nan; Wendy and Steve Miller; Laurie Murray; Chris Myers; Frank and Rosemary Myers; Rich and Louise Nash; Deb Oakley; Pastor John's move; Patrick; Pauline; Jeanette Payne; Jeannie Pelen; Shelby Pott; Shelly Putt; Margaret Rader's family; Kathy Reynolds; Kyle Ricketts; Linda and Donald Rohrbaugh; Alyssa Rudy's family; Lou Rudy; Shawn Rupp and children (Jordan, Kayla and Sophia); John Schoff; Dave Shafer; Shanebrook family; Jo Small; Sosik Family; Cindy Turney; Gill Trout; Tom W.; Gary Welsh; Lynn Welsh; Angie Wert; Confirmation class; Family Promise; friends with health problems; Hawaii volcano victims; government officials and our country; graduates; military families; our pastors; safety for those traveling; school shooting victims; students and teachers; those missing loved ones; those with mental illness; those traveling on vacations; those with troubled relationships; those without a church family; Salem's vision and upcoming transitions, VBS

Do you have a prayer concern? Please contact the Prayer Chain Coordinator, Marsha Young, at mdyoung805@gmail.com or contact Salem's Church Office at 938-1928 or office@fcsalem.org

Christmas Closet—Please join us in fellowship the 1st and 3rd Thursday of each month to sort donated items in the Ministry Workshop (Upstairs) from 6:30-8pm,



No need to work the entire time. Come one, Come all!

The United Methodist Women will not have a meeting in July. We will be serving lunch for the children at the Neighborhood



Center in Harrisburg on July 3rd. The menu is: Taco meat, shredded cheese, corn chips, grapes, carrots, ranch dressing and juice. Donations of food can be placed in a box in the coat closet. If you place food in the

Kitchen's walk-in-cooler, please mark as "Neighborhood Center." Some members of UMW will be attending Mission U on Saturday, July 28th at Chambers Hill United Methodist Church. See you on August 9th at our next meeting.

#### WOMEN'S BOOK DISCUSSION

The women's book discussion meets at Salem on the third Thursday of every month at 7 PM . It is open to any woman who likes to read—or who wants to join in the discussion topic. Come and bring your ideas. If you have questions please call Marsha Uber (938-3108; uber2495@ptd.net). The books for the upcoming months are:

July 19: A is for Alibi by Sue Grafton (A mystery)

Aug. 16: Necessary Lies by Diane Chamberlain

Sept.20: A Piece of the World by Christina Baker Kline

**0ct. 18:** Unshackled: From Rain To Redemption by Gene McGuire.



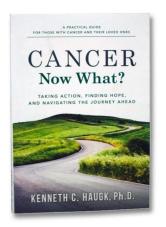
#### Library News By Kathy Alford

This month's article features Dr. Kenneth C. Haugk. Ken is the founder and Executive Director of Stephen Ministries. Fishing Creek Salem has an active Stephen Ministry program, and several of his Stephen Ministry materials are housed in our library. Ken has also written *Speaking the Truth in Love* which also graces our shelves.

When Ken's wife, Joan, a registered nurse, social worker, and mother, was diagnosed with ovari-

an cancer, they began a three-and-a-half year battle against the disease. Together, they navigated the medical, emotional, relational, and spiritual challenges that can come when dealing with cancer.

Bringing together his personal and professional experience, Ken wrote *Cancer—Now What?* as a resource, people can give to help others address the challenges of cancer. He conducted research with thousands of cancer survivors, their loved ones, and medical professionals, incorporating their wisdom and expertise in the book.



This wonderful book, *Cancer—Now What?* was recommended by a Stephen Minister member at Salem and is now displayed on our shelves. My prayers for you are that cancer does not affect you or your family, but statistics show there is a good chance it will. This book contains the following helpful chapters:

- 1. What Do I Do Now?
- 2. Dealing with the Emotional Dimension of Cancer
- 3. Becoming Informed
- 4. Understanding Medical Matters
- 5. Alternative or Complementary Therapies
- 6. Working with and Relating to Your Medical Team
- 7. Defining and Caring for Yourself
- 8. Relating to Immediate Family
- 9. Relating to Friends and Extended Family
- 10. Additional Support
- 11. Spiritual Matters
- 12. Giving Back

#### PRAYER MINISTERS NEEDED!

Do you have a heart for prayer and faith in it's power? As we move toward our Church Council Retreat August 24-25 we want to bathe their work in prayer. Using the insights and spiritual discernment gathered from our study of *10 Prescriptions for a* 

Healthy Church and our Dream Forum, June 3, the Council will be setting a vision for our next steps at Salem Church as we seek to "Make disciples



who make disciples who change the world." The Vision Prayer Team will be meeting on the following Tuesday evenings in Pastor Debbie's office from 6:00 PM to 7:00 PM: July 3, July 17, July 31, and August 13. Please join us!

#### **Attention MEN of Salem!**

You are invited to an evening of fun and fellowship at 6pm on Wednesday, July 11th (rain date 7/18). Join us at Baker's Pond for fishing and a bonfire. Hot Dogs will be provided. Bring your favorite Dish, Snacks, Drinks and your fishing rod (extra rods are available if needed). Address is 883 Siddonsburg Rd, Lewisberry



(Corner of Siddonsburg and Observatory Roads. RSVP on the Connection Card or with Hal Baker Direct. For info or to RSVP: Hal Baker—717-938-6899; bakghse@gmail.com

Exciting New Men's Ministry
Coming to Salem!
Details to Follow!



#### **GOING DEEPER**

Are you longing to go deeper in your faith? The Center for Spiritual Formation offers retreats where participants are invited to open their hearts and lives to Jesus and experience his grace and grow in his spirit. The following are several upcoming opportunities.

Journey Through the Seasons: An Outdoor Experience with Beth Jones (pastor and leader) Thursday, July 26, 6:30 pm through Saturday, July 28, 4:00 pm at Orchard Hill, Millerstown, PA

Cost: \$150 which includes meals, lodging and devotional materials In the outdoors we can discover God's healing, hope, creativity and courage. We can discover the Creator in the creation and as we do we can release fears and burdens, receive silence, renew our joyful creativity, and respond to God's leading in our lives.

Practicing the Presence of God: A Silent Retreat in the Monastic Tradition with Center Director Kathy Harvey Nelson Monday, October 22, 6:30 pm through Wednesday, October 24, 10:00 am, Orchard Hill, Millerstown, PA

Cost: \$135 which includes meals, lodging and devotional materials What happens at a silent retreat? There is silence except at meals where there is conversation. There is time for reading, reflection, walks on the mountain and periods of community prayer every three hours – day and night – with night participation at your option.

Shared Sorrow: A Faith Community's Response to Grief and Mourning with Ron and Carol Swift Saturday, September 29, 9:00 am to 3:00 pm, Orchard Hill, Millerstown, PA

Cost: \$50 which includes lunch and materials.

People do not resolve, recover from, or "get over" grief, but they can, over time, become reconciled to their losses as they find hope, healing, and renewed meaning and purpose in their lives.

The Ministry of Spiritual Direction: A two-year training course which assists persons in sharpening their listening skills, clarifying their spiritual gifts, and acquiring the disciplines essential in caring for souls with love. Visit the Center's web site for times, dates, and cost – keyword "Spiritual Direction"

For more information on the Center or any of these offerings see Pastor Debbie or go to the Center's web site at www.centerformation.org.

#### BACK TO THE BIBLE SUNDAY SCHOOL CLASS

By Kathy Alford

Through mid-August we will be studying *Journey through the Bible: Mark.* We have used this excellent series with other books from the Bible. It highlights pivotal points in the Scripture; lifts up the Bible's most significant stories, events, and people, describing historical and cultural settings; includes the original language and what the passage meant for its first readers; gives insight into possible life applications, and maps out a daily plan for reading the Bible, verse by verse.

Are you looking for a small group? We always welcome visitors. Materials are provided. We meet Sunday mornings from 9:30-10:30 in room 210 upstairs.

#### Here is our lesson schedule for July:

#### Journey Through the Bible: Mark Vol.10

July 1	Chapter 4	"Who Then Is This?"
July 8	Chapter 5	"But Their Hearts Were Hardened"
July 15	Chapter 6	"Do You Not Yet Understand?"
July 22	Chapter 7	"How Then Is It Written About the Son of Man?"
July 29	Chapter 8	"To Enter the Kingdom of God"

The Salem Seniors will meet at 1:00 pm on Thursday,



July 19th at Hoss's Restaurant on Gettysburg Pike, Mechanicsburg. Please contact Charlotte Brame at 717-938-3523 for reservations by July 15th.

### ALL SENIORS ARE WELCOME TO ATTEND!



Item of the Month: Mission Central sends health kits to people who are in need of essential items. Hand towels are in short

supply at the moment for these kits. Please put the hand towels in the bin marked Mission Central in Mission Corner.



#### Neighborhood Fun Night 2018

Neighborhood Fun Night is going on the road again this year to Roof Park for National Night Out on August 7. National Night Out is a national outreach to the community offered by local police and Fairview Township is in its 5th year. Last year they hosted 3,500 attendees!

This will get us closer to our ongoing goal which has been to blur the lines between community and church so that we become an inseparable part of the community.



The National Night Out
Committee is very excited
that we are participating
again this year and they
are excited to have us!
We will be providing 700
Hamburgers, 700
hotdogs, and 210 lbs of
Potatoes and the volunteers to cook and serve

the food. We will have four booths this year and in addition to the food, we'll hand out School Kits, Children's Bible Story books, and Bibles. We will also be taking some of our yard games.

Your support last year for this event was incredible—especially considering it was new event. This is an excellent opportunity to show our community and our police force our support.

In Luke 10 Jesus sent out the disciples into the surrounding communities to tell of his Love for them. We will be doing the same in our own community with this event. There are 8700 people within a two mile radius of our church who have no church connection. We hope to connect with many of them at National Night Out.

I [Marty] have been so blessed by your participation in National Out Night last year. Please be in prayer for us as we again go on the road to show our community how much Jesus Loves them and how much we love them. Contact Marty Wagner with any questions: 717-574-1682 or martyj78@ptd.net

#### Stephen Ministry — Someone To Tell It To

A message from Someone To Tell It To: You are invited to attend "At The Table" compassionate listening training on August 10th-11th at Grace United Methodist Church in Harrisburg. Friday, August 10<sup>th</sup>, training is 6 pm to 9 pm. On Saturday, Aug. 11<sup>th</sup>, training is 9 am to 4 pm. Since training is conducted in "pairs" for listening, it is recommended that groups of 2 register together. A goal of the workshop is to benefit communication within our church as well as to reach out to our community. To register, please contact Abby Turner, aby@someonetotellitto.org.

If you have additional questions, please contact Robyn Adams, 717-774-1602 or adamspage04@gmail.com



### **Lice Kits**



Salem will be collecting money in August for the purchase of lice kits for the west shore school district. For the last three years, Salem has provided more than 40 kits to the school nurses at the start of each school year. Kits are provided to families who would not be able

to afford them, allowing their children to return to school more quickly and thus not fall behind in their studies. These kits also allow parents to return to work more quickly, which can be vital to families who do not have paid time off/sick days and who are living paycheck-to-paycheck.



402 Valley Road Etters, PA 17319 **RETURN SERVICE REQUESTED** 

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